

Parent **E**ffectiveness **T**raining



8 WEEK PARENTING COURSE

Teaches skills and supports families in building more peaceful and loving relationships

P.E.T. is an internationally acclaimed course designed to teach communication and relationship skills to parents which enhance relationships with children and other important people in their lives. Parents learn to respond empathetically to children and connect before they correct. They learn ways to get their needs met without using coercion and control. They learn how to build self-esteem, responsibility and resilience in children.



Gain more cooperation from kids

Create more harmonious relationships

Nurture children's emotional health

Resolve conflicts easily

8 Monday evenings starting 9th March 6pm to 9pm

Cost \$320

LEEANN HORRILL

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